

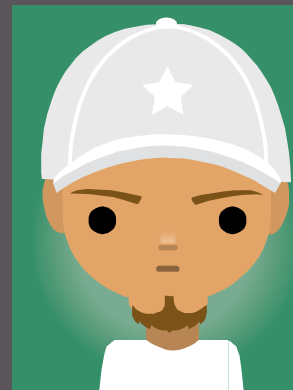
Drugs and Alcohol

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"Why did I start using drugs? I heard Marijuana and Mushrooms grow naturally, so they must be safe."

"So does poison ivy and anthrax, would you smoke them?"



Percent of high school seniors reporting they could obtain drugs fairly easily or very easily, 2007:

Source: Bureau of Justice Statistics

Marijuana	83.9 %
Amphetamines	49.6%
Cocaine	47.1%
Barbiturates	41.7%
Crack	37.5%
LSD	28.7%
Heroin	29.7%
Crystal methamphetamine	25.1%
Tranquilizers	23.6%
PCP	21.0%

The effects of using:

Source: samhasa

- ❑ The more a student uses alcohol, marijuana, or other illicit drugs, the lower his grade point average is likely to be.
- ❑ Frequent users are 5x more likely to drop out of school altogether than other students.
- ❑ Alcohol abusers are 4x more likely to cut classes or skip school, marijuana abusers 6x more likely
- ❑ Alcohol abuse over time can reduce brain size – the hippocampus (responsible for learning and memory) shrinks roughly 10%, severely hurting school performance, and damage to the prefrontal cortex can hinder an individual's decision-making ability.
- ❑ Three drinks for a teen drinker takes a far higher toll than for an older drinker (25 % greater impairment).
- ❑ Students who sell drugs or use them early are much more likely to engage in violent behavior than others.
- ❑ Teen smoking is related to depression and anxiety disorders, damaging school performance and the teenager's long-term health.
- ❑ Smoking also appears to hurt college planning. About twice as many sophomores with no plans to attend college smoke versus those who have college plans. Only 31 % of college-bound seniors smoke versus 47% of those with no plans to go to college.

Marijuana

Aka: pot, herb, grass, weed,, bud, Mary Jane, reefer, Aunt Mary, skunk, boom, gangster, kif, ganja, Texas tea, Maui wowie, and Chronic.

Signs: Glassy, red eyes; loud talking and inappropriate laughter followed by sleepiness; paranoia, a sweet burnt scent; loss of interest, motivation; weight gain or loss.



Alcohol

- ▣ Signs: Clumsiness; difficulty walking; slurred speech; sleepiness; poor judgment; dilated pupils.



Cocaine

Aka: Coke, snow, flake, blow, nose candy, snowball, tornado, wicky stick

Signs: Extremely dilated pupils.

Dry mouth and nose, frequent lip licking.

Difficulty sitting still

Talkative, changes subjects rapidly.

Runny nose, cold or chronic sinus/nasal problems, nose bleeds.



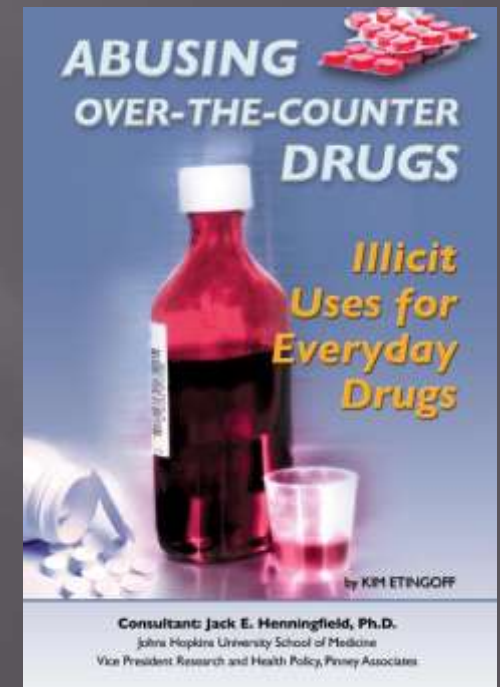
Inhalants

- ▣ Aka: Whippets, poppers, snappers, air blast, moon gas, oz, poor man's pot, bolt, boppers, bullet rush, satan's secret, buzz bomb, laughing gas, locker room.
- ▣ Signs: Slurred speech / Lack of coordination / Dizziness / Lightheadedness / Hallucinations / Delusions / Loss in control / Lingering headache / Confusion / Nausea or vomiting



Over-the-Counter Drug Abuse (OTC)

- Aka- Poor man's X, dex, robo, tussin, robo trip (any over-the-counter medication containing DXM) triple Cs or CCC: (coricidin), purple Drank (cough syrup)
- Signs- Dizziness
- Poor memory
- Inability to clearly think
- Nausea
- Poor coordination
- Sense of calm
- Hallucinations
- Sleep disturbances
- Commonly abused- Caffeine stimulants like No-Doz, etc.
- Antihistamines like Benadryl
- Decongestants like Sudafed
- Weight loss supplements
- Sleep aids
- Motion sickness treatments, like Dramamine



ADD & ADHD medication abuse

Common medications:

Ritalin

Adderall

Concerta

Strattera

Steroids

Aka: Arnolds, gym candy, pumpers, roids, stackers, weight trainers, gear, juice

Signs: Severe acne / Male-pattern baldness / Oily hair and skin / Stunted growth when used during adolescence / extreme irritability, breast development in males / Facial hair growth, / deepened voice in females



Ecstasy



Aka: MDMA, Ecstasy, XTC, E, X, Beans, Adams, Hug Drug, Disco Biscuit, Go, Adam, hug, love drug

Signs: no clear cut symptoms but it does include confusion, depression, headaches, dizziness, panic attacks and a sore jaw (involuntary jaw clenching is often a side effect of Ecstasy use.)

Someone who is using Ecstasy may have items which appear quite innocent, but may be linked to the drug's use:

1) Pacifiers and lollipops - often used to help users guard against the teeth grinding that comes from involuntary jaw clenching.

2) Candy necklaces/bags of small candy pieces - sometimes used to hide Ecstasy pills among the candy

3) Glow sticks, glowing jewelry, surgical masks - all are often used by those on Ecstasy to over stimulate their senses.

Hallucinogens, LSD and PCP

Aka: (LSD) acid, blotter acid, window pane, dots, mellow yellow, lucy in the sky with diamonds (PCP) angel dust, ozone, rocket fuel, PCP, supergrass, killer weed, embalming fluid, wack, ozone.

Signs: Flicking up and down of the eyes / Drooling / Loss of balance / Dizziness / Nausea and vomiting / Trembling / Loss of muscular coordination /

Heroin and Prescription pills

Aka: Smack, dope, big H, nose drops, H, ska, junk, skag, skittles, Trail Mix, Pharm Party

Signs-

Euphoria

Drowsiness

Impaired mental functioning

Slowed down respiration

Constricted pupils

Nausea

“Nodding out”

“Twitching and itching”

Track marks

